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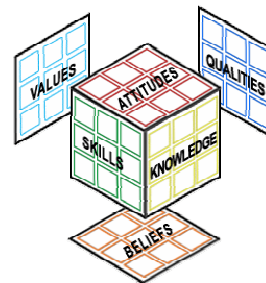
## Happiness @ Work ... the Meta Mind Way

a power packed 1 hour guest lecture with Nuggets of Wisdom™  
based on the international frameworks of [Meta Mind Management™](#), [Positive Psychology™](#), and [Neuro Linguistic Programming \(NLP\)](#)

Learn and Revisit ...

- Knowledge/awareness of the new behavioral science of Meta Mind Management™
- Power of Positive Affirmations
- Simple techniques, attitudes, and beliefs that help in being happy
- Leverage your power of imagination to create happy moments
- Programming the sub conscious with happiness
- Make one feel happier, more enthusiastic, more in control of self and one's life
- Advance further in personal development
- Help others find hidden resources inside themselves
- Obtain the freedom one aspires

There are certain common factors among high achievers and peak performing men and women the world over. They share certain -



### Speaker Profile

Revathi Turaga is an international meta mind management trainer, inspirational speaker, and behavioral coach.

Heading GAMMA's business development corporate operations in South India, she holds certifications in Edward de Bono's Six Thinking Hats and lateral Thinking, is an NLP practitioner and trainer. She also trains Meta Mind Positive Attitude, Happiness, Creativity and Excellence Workshops, psychometric assessments and profiling tools such as DISC & MBTI, Dale Carnegie's Presentation skills, etc.